

THE CENTER FOR
Cosmetic & Restorative
DENTISTRY
It's your time to smile.

Care and Instructions for Dentures/Partials

Today you had a special soft lining placed inside of your denture. This lining has two purposes. First, the lining has antiseptic properties, which will help to heal any unhealthy gum tissues you might have from wearing old or ill-fitting dentures. Second, the special soft lining will mold itself to your own gum tissues while you speak and chew. This creates a custom fit that cannot be duplicated by traditional denture techniques. While we will do everything we can to build the best, customized denture possible for you, there are some simple things you must do to be part of this process.

FOR THE FIRST 24 HOURS:

DO call our office if you experience a severe burning sensation inside your mouth. Slight tingling is normal because of the medication in the lining, but in extremely rare cases there can be an allergic reaction to the lining.

DO eat soft foods.

DO rinse your denture under warm running water

DO massage your tissues twice a day as described to you

DO sleep in your denture

DON'T scrub your denture

DON'T soak your denture in commercial cleansers, mouthwash or even water

DON'T place your denture with the soft lining down on any surface

DON'T leave your denture where "Fido" can reach it

DON'T hesitate to call our office if you have a question

DON'T use denture adhesive if possible

AFTER 24 HOURS:

You may eat normal foods and scrub your denture using a soft toothbrush.

We recommend that you sleep in your denture, but you do not have to sleep in your denture. If you choose to sleep without your denture, please do not place the lining side down on any surface