

THE CENTER FOR  
**Cosmetic & Restorative**  
DENTISTRY  
*It's your time to smile.*

## Care and Instructions for Dentures/Partials

Today Dr. Brown has placed a special soft lining inside of your denture. This lining has two purposes. First, the lining has antiseptics in it, which will help to heal any unhealthy gum tissues you might have from wearing old or ill-fitting dentures. Second, the special soft lining will mold itself to your own individual muscles while you speak and chew. This creates a custom fit that cannot be duplicated by traditional denture techniques. While Dr. Brown will do everything she can to build the best, customized denture possible for you, there are some simple things you must do to be part of this process.

### **FOR THE FIRST 24 HOURS:**

**DO** call our office if you experience a severe burning sensation inside your mouth. Slight tingling is normal because of the medications in the lining, but in extremely rare cases there can be an allergic reaction to the lining.

**DO** eat soft foods.

**DO** rinse your denture under warm running water

**DO** massage you tissues twice a day as Dr. Brown has described to you

**DO** sleep in your denture

**DON'T** scrub your denture

**DON'T** soak your denture in commercial cleansers, mouthwash or even water

**DON'T** place your denture with the soft lining down on any surface

**DON'T** leave your denture where "Fido" can reach it

**DON'T** hesitate to call out office if you have a question

**DON'T** use denture adhesive

### **AFTER 24 HOURS**

You may eat normal foods and scrub your denture using a soft toothbrush.

We recommend that you sleep in your denture, but you do not have to sleep in your denture. If you choose to sleep without your denture, please do not place the lining side down on any surface

**Dr. Tanya Brown**

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